CLIENT NAME:	DIETARY REQUIREMENTS / ALLERGIES

WEEKLY MENUS – PLEASE TICK YOUR MEAL PREFERENCES BELOW - 01252 727280

Please note if you would like to cancel your meal, please do so by 9:30am on the day, otherwise there will be a charge

WEEK 1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN MEAL	ALL DAY BREAKFAST		CHICKEN SUPREME with Hasselback Potatoes, Cabbage & Peas		SAUSAGES IN ONION GRAVY with Fondant Mash, Carrots & Swede		COTTAGE PIE with Green Beans & Sweetcorn		BAKED GAMMON with Chips & Pineapple			
VEGETARIAN OPTION	CHEESE & MUSHROOM OMELETTE		MUSHROOM STROGANOFF		SAVOURY VEGETABLE RICE		VEGETARIAN COTTAGE PIE		JACKET POTATO			
									TUNA MAYO			
									CHEESE			
									CHEESE & BEANS			
PUDDING	PEACH FLAN with CREAM		APPLE STRUDEL		RICE PUDDING		JAM ROLY POLY		SYRUP SPONGE			
COLD PUDDING	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

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WEEK 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN MEAL	SAUSAGE PLAIT with New Potatoes & Baked Beans		ROAST CHICKEN with CABBAGE & PARSNIPS		LIVER & BACON with Fondant Mash, Peas & Carrots		MINCED BEEF COBBLER with New Potatoes & Mixed Vegetables		FISH & CHIPS with Garden Peas & Tomato			
VEGETARIAN OPTION	VEGETABLE PLAIT		VEGETABLE & LENTIL LOAF		CREAMY VEGETABLE CASSEROLE		VEGETABLE COBBLER		VEGETARIAN QUICHE & CHIPS with Garden Peas & Tomato			
PUDDING	APPLE & FOREST OF THE FOREST PIE		BAKEWELL TART		TREACLE TART		SPOTTED DICK		FRUIT CRUMBLE			
COLD PUDDING	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

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WEEK 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN MEAL	HUNTER'S CHICKEN with New Potatoes, Peas & Sweetcorn		ROAST PORK with Carrots & Broccoli		MINCED BEEF WELLINGTON with Fondant Mash, Swede & Cabbage		WHITE FISH IN PARSLEY SAUCE with New Potatoes, Peas & Carrots		HAM, EGG & CHIPS			
VEGETARIAN OPTION	CAULIFLOWER CHEESE		VEGETABLE CURRY		SUMMER VEGETABLE FRITTATA		CREAMY COURGETTE LASAGNE		VEGETARIAN SAUSAGES			
PUDDING	JAM & COCONUT SPONGE		CUSTARD TART		PINEAPPLE UPSIDE DOWN CAKE		QUEEN OF PUDDINGS		LEMON CHEESECAKE			
COLD PUDDING	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

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WEEK 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN MEAL	SPAGHETTI BOLOGNESE with Garlic Bread		STEAK & KIDNEY PIE with Fondant Mash, Peas & Carrots		BACON & ONION ROLL with New Potatoes, Broccoli & Sweetcorn		QUICHE LORRAINE with Potato Salad		SAUSAGE & FONDANT MASH with Peas & Carrots			
VEGETARIAN OPTION	MUSHROOM PASTA with Garlic Bread		CHEESE & ONION PIE		JACKET POTATO		VEGETARIAN QUICHE with Potato Salad		BUTTERNUT SQUASH & CHERRY TOMATO CRUMBLE			
					TUNA MAYO							
					CHEESE							
					CHEESE & BEANS							
PUDDING	BUTTERSCOTCH TART		TIRAMISU		CHOCOLATE SPONGE		STRAWBERRY MOUSSE with Shortbread		FRUIT CRUMBLE			
COLD PUDDING	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO