



CLIENT	DATE
DIETARY REQUIREMENT	

WEEKLY MENUS – PLEASE TICK YOUR MEAL PREFERENCES BELOW - 01252 727280

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN HOT COURSE	COTTAGE PIE	HAM, EGG & CHIPS WITH BEANS	ROAST CHICKEN	FISH CAKES, CHIPS & SALAD	SAUSAGE, MASH & BEANS		
VEGETARIAN OPTION	VEGETARIAN COTTAGE PIE	VEGETARIAN QUICHE, CHIPS & BEANS	VEGETABLE & LENTIL LOAF	JACKET POTATO & SALAD	VEGETARIAN CURRY		
				TUNA MAYO WITH SWEETCORN			
				CHEESE & BEANS			
MAIN PUDDING	CHEESECAKE	APRICOT CRUMBLE	TRIFLE	APPLE PIE	PEARS IN CHOCOLATE SAUCE		
COLD PUDDING OPTION	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
PUDDING ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN HOT COURSE	QUICHE LORRAINE, CHIPS & BEANS	HUNTERS CHICKEN & NEW POTATOES	SAUSAGE CASSEROLE WITH NEW POTATOES	FISH, CHIPS & PEAS	SAVOURY MINCE & NEW POTATOES		
VEGETARIAN OPTION	MACARONI CHEESE WITH NEW POTATOES	OMELETTE	JACKET POTATO	VEGETARIAN QUICHE, CHIPS & SALAD	MUSHROOM PASTA		
		CHEESE	TUNA MAYO WITH SWEETCORN				
		PLAIN	CHEESE & BEANS				
MAIN PUDDING	STEWED APPLE & CUSTARD	FRUIT JELLY	PLUM CRUMBLE	APPLE PUDDING	PEACH COBBLER		
COLD PUDDING OPTION	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
PUDDING ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN HOT COURSE	NORMANDY CHICKEN & NEW POTATOES	ALL DAY BREAKFAST	BEEF & BACON LOAF, NEW POTATOES	ROAST CHICKEN	SAUSAGE & MASH WITH BEANS		
VEGETARIAN OPTION	VEGETARIAN SAUSAGES	VEGETARIAN QUICHE	JACKET POTATO & SALAD	VEGETABLE & LENTIL LOAF	OMELETTE WITH SALAD		
			TUNA MAYO WITH SWEETCORN		CHEESE		
			CHEESE & BEANS		PLAIN		
MAIN PUDDING	PEARS IN CHOCOLATE SAUCE	SUMMER FRUIT CRUMBLE	APPLE & CHERRY PIE	CHEESECAKE	TRIFLE		
COLD PUDDING	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
PUDDING ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

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WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN HOT COURSE	CHICKEN POT PIE WITH NEW POTATOES	QUICHE LORRAINE, CHIPS & BEANS	STEAK & MUSHROOM PIE WITH MASH	SAUSAGES & NEW POTATOES	FISH, NEW POTATOES & BEANS		
VEGETARIAN OPTION	OMELETTE & SALAD	JACKET POTATO WITH SALAD	VEGETABLE PIE WITH MASH	CAULIFLOWER CHEESE	VEGETARIAN QUICHE, NEW POTATOES & BEANS		
	CHEESE	TUNA MAYO WITH SWEETCORN					
	PLAIN	CHEESE & BEANS					
MAIN PUDDING	APPLE CRUMBLE	PINEAPPLE SPONGE	FRUIT JELLY	PLUM CRUMBLE	BAKED APPLES		
COLD PUDDING OPTION	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
PUDDING ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

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