Brightwells
COMMUNITY MEAL SERVICE

CLIENT **DATE**
DIETARY REQUIREMENT:

Please note all dishes will be accompanied by new potatoes, mash or chips and seasonal veg unless otherwise stated
If you need to cancel your meal, please the office by 9am otherwise you could be charged

WEEKLY MENUS – PLEASE TICK YOUR MEAL PREFERENCES BELOW - 01252 727280

WEEK 1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN HOT COURSE	SAUSAGE & MASH		SWEET & SOUR PORK with Rice		ROAST CHICKEN with all the TRIMMINGS		COTTAGE PIE		FISH & CHIPS with BAKED BEANS			
MAIN VEGETARIAN OPTION	VEGETABLE & POTATO BAKE		CAULIFLOWER & LENTIL GRATIN		MUSHROOM PIE		LEEK & MUSHROOM CREPES		VEGETARIAN SAUSAGES with CHIPS & BAKED BEANS			
MAIN PUDDING	SYRUP SPONGE		YOGURT with FRUIT COMPOTE		RICE PUDDING		APPLE PIE		VANILLA CHEESECAKE			
COLD PUDDING OPTION	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
PUDDING ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

Brightwells
COMMUNITY MEAL SERVICE

CLIENT **DATE**
DIETARY REQUIREMENT:

Please note all dishes will be accompanied by new potatoes, mash or chips and seasonal veg unless otherwise stated
If you need to cancel your meal, please the office by 9am otherwise you could be charged

WEEK 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN HOT COURSE	HUNTER'S CHICKEN		FAGGOTS & MASH		CHICKEN, LEEK & PEA BAKE		MINCE BEEF HOT POT		HAM, EGG & CHIPS			
MAIN VEGETARIAN OPTION	MUSHROOM STROGANOFF With Rice		VEGETARIAN MEATBALLS		VEGETABLE GRATIN		RED PEPPER & TOMATO TART		VEGETABLE FRITTATA			
MAIN PUDDING	APPLE & CHERRY PIE		LEMON BARS		FRUIT CRUMBLE		JAM & COCONUT SPONGE		CREAM PUFF			
COLD PUDDING OPTION	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
PUDDING ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

Brightwells
COMMUNITY MEAL SERVICE

CLIENT **DATE**

DIETARY REQUIREMENT:

Please note all dishes will be accompanied by new potatoes, mash or chips and seasonal veg unless otherwise stated
If you need to cancel your meal, please the office by 9am otherwise you could be charged

WEEK 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN HOT COURSE	SAUSAGE & POTATO BAKE		JACKET POTATO CHEESE CHEESE & BEANS TUNA MAYO (Please circle your filling choice)		STEAK PIE		CHICKEN CASSEROLE		PORK STROGANOFF & RICE			
MAIN VEGETARIAN OPTION	CHEESE & ONION PIE				CHEESE OMELETTE		CHEESE & TOMATO BREAD & BUTTER PUDDING		VEGETARIAN SAUSAGES & SQUASH TRAYBAKE			
MAIN PUDDING	GINGER SPONGE		CHOCOLATE BROWNIE		FRUIT CRUMBLE		LEMON & RASPBERRY DOUGNHUTS		TIRAMISU			
COLD PUDDING OPTION	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
PUDDING ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO

Brightwells
COMMUNITY MEAL SERVICE

CLIENT **DATE**

DIETARY REQUIREMENT:

Please note all dishes will be accompanied by new potatoes, mash or chips and seasonal veg unless otherwise stated
If you need to cancel your meal, please the office by 9am otherwise you could be charged

WEEK 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	SUNDAY
MAIN HOT COURSE	CHICKEN CHASSEUR		CHEESY MEATBALL TRAYBAKE With Garlic Bread		CHICKEN & VEGETABLE CURRY		SAUSAGE CASSEROLE		ROAST GAMMON WITH MAC & CHEESE			
MAIN VEGETARIAN OPTION	VEGETABLE CASSEROLE		MILD VEGETABLE CURRY		MUSHROOM PASTA		BROCCOLI & FETA QUICHE		CAULIFLOWER CHEESE			
MAIN PUDDING	VANILLA SPONGE		JAM TART		BREAD & BUTTER PUDDING		APPLE & FRUITS OF THE FOREST PIE		FRUIT JELLY			
COLD PUDDING OPTION	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		FRUIT SALAD			
PUDDING ALTERNATIVE	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS			
AFTERNOON TEA	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE			
FROZEN MEAL	YES / NO		YES / NO		YES / NO		YES / NO		YES / NO		YES / NO	YES / NO