CLIENT NAME:	DIETARY REQUIREMENTS / ALLERGIES



WEEK 1	MONDAY	TUESDAY	WEDNESDAY		THURSDAY		FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	COTTAGE PIE	HAM, EGG & CHIPS	ROAST CHICKEN		FISHCAKES with Chips & Salad		SAUSAGE & MASH with Beans		
VEGETARIAN OPTION							JACKET POTATO		
	VEGETARIAN	VEGETARIAN	VEGETABLE &		VEGETARIAN QUICHE with Chips & Salad	TUNA MAYO			
	COTTAGE PIE	CHILLI with Rice	LENTIL LOAF			CHEESE			
		Mice		Cinps & Salad		CHEESE & BEANS			
PUDDING	PEARS IN CHOCOLATE SAUCE	APRICOT CRUMBLE	CHEESECAKE		TRIFLE		APPLE STRUDEL		
COLD PUDDING	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		FRUIT SALAD		FRUIT SALAD		
ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		CHEESE & BISCUITS		CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		SANDWICH & CAKE		SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO		YES / NO		YES / NO	YES / NO	YES / NO

CLIENT NAME:	DIETARY REQUIREMENTS / ALLERGIES



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	QUICHE LORRAINE with Chips & Beans	HUNTER'S CHICKEN with New Potatoes	SAUSAGE CASSEROLE with New Potatoes	FISH & CHIPS with Peas	Savoury Mince with New Potatoes		
VEGETARIAN OPTION	MACARONI CHEESE with Peas	CHEESE OMELETTE with New Potatoes	JACKET POTATO CHEESE TUNA MAYO CHEESE & BEANS	VEGETARIAN QUICHE with Chips & Peas	VEGETARIAN PASTA with Garlic Bread		
PUDDING	STEWED APPLE with Sultanas & Custard	BUTTERSCOTCH PUDDING	FRUIT JELLY	PEACH COBBLER	APPLE CRUMBLE		
COLD PUDDING	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

CLIENT NAME:	DIETARY REQUIREMENTS / ALLERGIES



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	CHICKEN POT PIE with New Potatoes	FISH with New Potatoes & Beans	BEEF LASAGNE with Garlic Bread	ROAST CHICKEN	HOMEMADE SAUSAGE ROLLS with Chips & Beans		
VEGETARIAN OPTION	VEGETARIAN SAUSAGES with New Potatoes	VEGETARIAN QUICHE with New Potatoes & Beans	JACKET POTATO CHEESE TUNA MAYO CHEESE & BEANS	VEGETABLE & LENTIL LOAF	CHEESE OMELETTE with Chips & Beans		
PUDDING	PEARS IN CHOCOLATE SAUCE	SUMMER FRUIT CRUMBLE	CHEESECAKE	APPLE & CHERRY PIE	TRIFLE		
COLD PUDDING	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO

CLIENT NAME:	DIETARY REQUIREMENTS / ALLERGIES



WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN MEAL	SAUSAGES with New Potatoes & Seasonal Veg	QUICHE LORRAINE with Chips & Beans	STEAK & VEGETABLE PIE with Mash	NORMANDY CHICKEN with New Potatoes	ALL DAY BREAKFAST		
VEGETARIAN OPTION	CAULIFLOWER CHEESE with Peas	JACKET POTATO CHEESE TUNA MAYO CHEESE & BEANS	VEGETABLE PIE with Mash	CHEESE OMELETTE with New Potatoes & Salad	VEGETARIAN QUICHE with Hash Browns & Beans		
PUDDING	PLUM CRUMBLE	APPLE PIE	FRUIT JELLY	STRAWBERRY MOUSSE	BAKED APPLE		
COLD PUDDING	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD	FRUIT SALAD		
ALTERNATIVE	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS	CHEESE & BISCUITS		
AFTERNOON TEA	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE	SANDWICH & CAKE		
FROZEN MEAL	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO	YES / NO